



montréalMT.com

mmmt

TOUCH & RELEASE™ STRESS-RELIEF THERAPY  
DOIGTÉ THÉRAPEUTIQUE ET RELAXANT

**YOUR MMT BIRTH ASSISTANT OFFERS THIS ONE-PAGE AGREEMENT**

- I honor your three-fold birth – your baby, you as a mother, your coupleship into a family.
- I provide information to enable you and your partner to make informed choices.
- When labor starts, I expect you to contact me second to your medical care provider.
- I intend to help you achieve your birth, your way: birth vision, birth plan, birth fears, birth concerns.
- I intend to help you determine your birth voice, manage your pain thresholds, understand your birthing body, communicate your birth choices.
- I reassure your partner of their place in birth to help your positive birth experience.
- I support you during birth & labor to ensure your positive compassionate birth experience.
- I work for you at all times, not your medical care provider, your place of birth, or your partner.
- I carry my phone with me at all times, through our on-call period. I do not leave town unless it is an emergency or an event planned before signing.
- If, for any reason, you cannot contact me, you'll contact my birth assistant backup.
- We guard your confidentiality with all details relating to your pregnancy and birth.

*Fees for MMT Birth Worker (Doula) Services*

**A \$150.00 deposit** secures your place on my birth calendar. Checks payable to The ETC Group. **Sliding scale is between \$500.00 and \$1050 for birth assistant packages, includes a lead birth keeper and a backup.** You agree to pay \$ \_\_\_\_\_ for your MMT package, which includes: \_\_\_\_\_ prenatal session/s + \_\_\_\_\_ visit/s with healthcare provider + 24/7 on-call starting + \_\_\_\_\_ prenatal massage + \_\_\_\_\_ week/s before birth until \_\_\_\_\_ week/s after delivery (up to 2 weeks) + \_\_\_\_\_ postpartum visit/s + unlimited phone/email contact + continuous support through labor, birth & early postpartum

**Deposit 150** 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_ **Final (PD check)** \_\_\_\_\_

In the event of a breech c-birth situation that prevents my attendance, or that of the backup birth keeper, at your birth, I will refund your \$100 when the your MMT Package fee is \$700 and more.

**RELEASE FROM LIABILITY**

I have read and understand the One Page Agreement of Montreal MT Birth Assistant Services and Fees. I assume full responsibility for all my health decisions. I release \_\_\_\_\_ my birth assistant and Montréal MT and its associates from all liabilities with regards to consequences to me, my family, my baby, resulting from decisions I make, during my pregnancy, my labor, and my postpartum period.

\_\_\_\_\_  
Client Initials

\_\_\_\_\_  
Partner Initials

\_\_\_\_\_  
Birth Assistant Initials

514 813 8566 / 514 910 5170

support@montrealMT.com

